



# Neighbors Building Brightmoor

Neighbors Building Brightmoor seeks to mobilize our neighbors to work together to equip families and individuals to improve the quality of life in our neighborhood.

June 2016

## Brightmoor Farmers & Artisans Market

**When?** Fridays from 4 to 7pm (June 3rd to September 30th)

**Where?** 22735 Fenkell -- Fenkell & West Parkway

**We sell** vegetables, fruit, eggs, meat, honey, baked goods, ice cream, prepared foods, snacks, cut flowers, bulk dry goods, bath products, and more

**Other attractions** music, BBQ, kid's activities, demonstrations

~We honor EBT and Double-Up Food Bucks~

Join us for our Grand Opening event June 3rd! The party starts at 4pm.

Contact: Phone - 937.307.7976 Email - [sophiastockum@gmail.com](mailto:sophiastockum@gmail.com) Twitter

@BrightmoorFAM

### CALENDAR

#### NBB mtg. and potluck

June 2, from 6.30-8.30 pm at St. Christine's UMC

#### Community Kitchen Mtg

June 13, from 6:30-8:30, 22739 Fenkell

#### Brightmoor Freestore

Saturdays 9:30am-1pm Aldersgate

#### Brightmoor Alliance Mtg.

June 16, 5:30 dinner. 6-7:30pm

### Special Thanks:

St. Christine's for allowing us to use their space

Compassion Funeral Home \$20

Brightmoor Liquor \$20

Speedy's Gas Station \$20

Inter-City Auto \$20

Bo-Jack Carwash \$20

Scotty's Fish & Chips \$20

Phat Headz Barbershop \$10

Metro PCS \$20

All Wet Laundry \$10

Regal Spirits \$20

Checkers Food and Liquor \$30

Grandy's Coney Island \$20

Pueblo Tile \$10

BP Gas Station, Telegraph and Fenkell \$50

Marathon Gas Station, Fenkell and Lahser \$20

### NBB 2016 Meeting Schedule

Always on the first Thursday of the month!

6.30 pm Potluck, 7 - 8.30 pm Meeting

At St. Christine's Soup Kitchen on the corner of Dacosta and Fenkell.

June 2, July 7, Aug 4, Sept. 1, Oct. 6, Nov. 3, Dec. 1

# Do you like to write? Do you like to share news? Do you have a story to share?

Please contact Nicky Marcot at 313-590-1965 or  
nicky.marcot@gmail.com

This newsletter is for neighbors, by neighbors. Please consider contributing to the Neighbors Building Brightmoor newsletter. We want neighbors to use this as a tool to make their voices heard, to spread the word about great events and activities happening in the community and to bring awareness to neighbors about issues pertinent to all of us who live here.



By Rosalyn Flint

## News from the Tea and Coffee House

Get your teams together for the opening of Brightmoor's sand volleyball court on June 11, 2016. Enjoy hot waffles and ice cream. The court will be open at noon. Also, *Movies in the Garden* will restart on June 21 (every Tuesday at sundown). The inclusion committee will be hosting a potluck barbecue prior to the first movie, *Without a Paddle*.



## COOL DADS Healthy TOTS

A Fathers' Day Celebration

Monday, June 13, 10:00 AM - 1:00 PM  
St. Christine Soup Kitchen  
15317 Dacosta @ Fenkell, Detroit

### Special Activities:

"Growing Together as Family"- Conversations w/  
Councilman James Tate and dads in the neighborhood

"Ask the Baby Doctor" w/ Dr. Ernie Mac, Pediatrician

Raffle ~ Prizes ~ Fathers' Day Gifts ~  
Job and School Information ~

Special Lunch by Chef Trevor  
Diapers



For Reservation, contact by June 8, 2016:  
Maureen Northrup (313) 535-7272;  
Tess Tchou (313) 533-3085;  
Councilman Tate's Office (313) 224-1027

Partner Hosts and Donors:  
Detroit District One Councilman James Tate~ Ernie Mac, MD~ Paul's Barber Shop

# From the Inclusion Committee

## Promoting Healing in our Community,

by Naim Edwards

Most of us might not react warmly to a suggestion that we should seek psychological therapy. I certainly have never given it a thought until this past year, when I learned that therapy is for anyone who needs to heal and address wounds in their lives. It is not just for individuals with obvious mental health issues.

The Inclusion Committee would like to invite you watch *Post Traumatic Slave Syndrome* - by Dr. Joy DeGruy Leary. The lecture can be looked up on youtube. It's a little over an hour long, but it only takes the first five to fifteen minutes to realize we all harbor trauma from our pasts. Moreover, it is important to explore, analyze and heal from it. The lecture covers with precision how slavery has left scars on people of all backgrounds who live in the United States, and helps us understand why and how.

Youth Grow Brightmoor and Brightmoor Youth Garden are off to a great start. Here are a few images to illustrate what's happening with these lively groups of young people, and the young at heart who work along side them!

## Youth Gardens off to a great start!



Greens harvested by BYG



BYG wood block work



YGB Fun at the May Day Parade

YGB At the May Day parade



For more information about Neighbors Building Brightmoor contact us at neighborsbuildingbrightmoor@gmail.com or 313-687-4463.

**Brightmoor Book Squad's**  
**SUMMER READING CLUB**

Join us for fun with

**BOOKS, SNACKS, CRAFTS**  
**AND GAMES**

**Who?** Kids ages 1-12

**When?** Mons. and Weds. at 5pm, starting  
June 13th (through August)

**Where?** Brightmoor Community Kitchen—  
22739 Fenkell

**How?** To register, or for more info, visit anytime:  
June 3rd, 4-6pm or June 10th, 4-6pm  
at the Brightmoor Farmer's Market (corner of  
West Parkway and Fenkell)

Or

Contact Nicky Marcot: 313-590-1965

In cooperation with Brightmoor Youth Garden and Neighbors Building Brightmoor

**Grayfield**  
Lisa Rivera 773-332-5031

**Beaverland**  
Nicky Marcot 590-1965

**Bramell**  
Tim Miller 687-2806  
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**Chatham**  
none

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Dawn Wilson 255- 3637

**Bentler**  
Trena Ross 467-3891

*We are looking for a contact person for Lyndon, as well as someone to pass out newsletters. Please contact Nicky Marcot if you are interested.*

**Block Contacts**

